



# THE TABLET

May—June 2009

# TORAH IN THE ROUND

By Rebecca Lippmann

## MAY

## JUNE

**May 2, 2009** 8 Iyar 5769  
**Achare Mot/Kedoshim** Leviticus 16:1-20-27  
**Haftarah: Amos 9:7-15**  
What does Achare Mot mean?  
**Facilitator: David Lansky**

**June 6, 2009** 14 Sivan 5769  
**Naso** Numbers 6:1-7:89  
**Haftarah: Judges 12:13-25**  
Describe the prohibitions expected of a Nazarite.  
**Facilitator: David Lansky**

**May 9, 2009** 15 Iyar 5769  
**Emor** Leviticus 21:1-25-23  
**Haftarah: Ezekiel 94-15-31**  
What holiday is considered a special time?  
**Facilitator: Rabbi Greg Kanter**

**June 13, 2009** 21 Sivan 5769  
**B'haalote'cha** Numbers 8:1-12:16  
**Haftarah: Zechariah 2:14-4:7**  
What did G-d ask Moses to tell the Israelites to do on the first month of the second year of the Exodus?  
**Facilitator: TBA**

**May 16, 2009** 22 Iyar 5769  
**B'har/B'chukutai** Leviticus 25:1-27:34  
**Haftarah: Jeremiah 16:19-17:14**  
What are the rights of a seller who sells a residential home in a walled-in city?  
**Facilitator: Eric Adams**

**June 20, 2009** 28 Sivan 5769  
**Sh'lach** Numbers 25:1-27:34  
**Haftarah: Joshua 2:1-24**  
Who was sent from the Tribe of Judah and the Tribe of Ephraim to explore and check out Canaan?  
**Facilitator: Rebecca Lippmann**

**May 23, 2009** 29 Iyar 5769  
**Bamidbar** Numbers 1:1-4:20  
**Haftarah: Isaiah 66:1-13, 23**  
What are the Levites obliged to do for the Priests in the tabernacle?  
**Facilitator: Sheila Firestone**

**June 27, 2009** 5 Tammuz 5769  
**Korach** Numbers 16:1-18:32  
**Haftarah: Samuel 11:14-12:22**  
Why did Korach rebel against Aaron & Moses?  
**Facilitator: Gary Bandel**

**May 30, 2009** 7 Sivan 5769  
**Naso** Numbers 4:21-5:31  
**Haftarah: Judges 13:2-12**  
Recite the priestly blessing!!  
**Facilitator: Gary Bandel**

## BRIDGE AT TEMPLE SINAI

### Duplicate

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Friday	12:15 p.m.
Tuesday evening	7:00 p.m.
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Classes for all levels from beginner to advanced.  
Call for more information (561) 276-8071.

## THE TABLET - A 10 MONTH PUBLICATION DOUBLE ISSUES - MAY/JUNE JULY/AUGUST PUBLISHED BY TEMPLE SINAI of PALM BEACH COUNTY

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## RABBI'S MESSAGE

Shalom Chaveirim,

There has been a call among Jews everywhere who wish to strengthen the connection between themselves and their synagogues. What is this call exactly? I can sum it up in one word – “Help!” Allow me to elaborate, “Help, I want to be a more spiritual person!” or “Help, the world around me seems so cold; help me find warmth in my faith in God and Jewish tradition!”

Temple Sinai and I are not deaf to your calls. First, consider that Temple Sinai may already be offering more than you even know in terms of spirituality. Our Shabbat morning services always include a lively discussion on the meaning of the Torah portion. Our Shabbat evening *and* morning services give everyone a chance to say a blessing for our friends and loved ones who are ill (*Mishebeirach*). And many report that since the first time they joined us for a Friday night service, they found the sense of friendship and community that greeted them at services to be a source of comfort, warmth, and strength. If you haven't worshipped with us in a while, pick a time soon to come join us for the good things we already offer, including the outstanding music and warm fellowship.

Next, I am always on the lookout for ways to add meaning to our worship service for all who attend. In the months ahead, I hope to bring a lesson or two about the prayers we have been saying and singing (and praying) for years together. Sometimes, after offering these prayers for so many years since we were kids the prayers become rote; we say them without thinking about what they mean. But our faith must have meaning to survive. In truth, tradition is filled with midrash, stories, and other lessons that make the service more meaningful. I'll use the days, weeks and months ahead to bring that meaning to the services we share together.

So, no more excuses! Come join us to make Shabbat and the holidays more meaningful and breathe new life into the tradition we share.

B'Shalom,  
Rabbi Greg Kanter



## CO-PRESIDENTS' MESSAGE

By Bob Silver & David Stern

### WHERE ARE WE GOING?

Thirty years ago a reform temple began operations in Delray Beach with a handful of members. Today, 30 years later, we have a membership of more than 500 and a beautiful building and sanctuary. There's a great story here.

In the present economy, we are faced with the problem of Temple Sinai's economic future. According to the current URJ survey, Temple Sinai's dues are the lowest dues in South Florida with no building fund. While we do not want to raise dues, we need to have a creative plan to raise the necessary funds to run our synagogue and provide the best religious environment for our Jewish community.

Do we have long-term goals? Yes, everyone has goals. Temple Sinai has arrived at its own dreams and aspirations:

1. A membership of 750-800.
2. An Assistant Rabbi to care for the expanded membership.
3. A religious school with over 150 children.
4. A youth program encompassing the whole community and open every day.
5. A full-time temple administrator.

The list is never ending.

What will it take to obtain these goals and to have Temple Sinai become a major player in our Jewish community?

The first item on this agenda to fill these goals would be the necessary financing. Along with the necessary monies, we need you, the members, to become more involved. Your skills and knowledge are needed. It would allow us to focus on new ideas; not only to raise money, but to create a new environment with many new programs.

A dream is just a dream. When you put your reality to it, it will happen. Just look at a few of the accomplishments in the past year. We have a terrific new Rabbi and a religious school that has grown to 85 students.

This is just the beginning; shoot for the moon and maybe hit a star. We have the potential to strive for a larger and more creative synagogue.

This can all happen, but we need your help. Come, be part of the Temple Sinai growth process. Become involved, volunteer for a committee, share your talents, your life and business experiences that we know you have. It's up to you, the membership; our door is always open to your new ideas and the help you can provide Temple Sinai.

Don't ask only what your Temple can do for you; ask what you can do for your Temple.



## **THE TOT SHABBAT COMMUNITY**

**The Temple Sinai Tot Shabbat Family  
Invites Tots and Siblings,  
Parents and Grandparents**

**Please join us for a short interactive  
Shabbat Service. We set the Shabbat  
table, sing prayer songs and tell stories  
together, building a spiritual foundation.  
We hope to see you.**

**10:00 AM**

**May 2, 2009 June 6, 2009**

**TOT SHABBAT KINDER ROOM (104)**

**Questions? call Sheila Firestone at  
(561) 926-0905.**

**Dates:**

**April 4, May 2, June 6**

### **HEALTH WATCH**

*By Alice S. Berman*

Growing up in a Sephardic Jewish home, my family cooked foods that were labeled "The Mediterranean Diet." My mother never used chicken fat. Everything was cooked with olive oil, which is a good source of Omega-3.

There were always dried dates, figs, apricots and fresh fruit, which is abundant in fiber, for dessert. At all times, nuts were available to snack on. It is only now that we learned of the miraculous power of eating nuts. Our assortment of nuts, beneficial to good health, included walnuts, which are touted to boost mood, almonds to strengthen bones and pistachio nuts for lowering blood pressure. Chestnuts, in season, were a treat.

The heart healthy fish we ate for dinner, butterfish, mackerel or salmon, was served with vegetables, which included leeks, zucchini, grape leaves, garbanzos and lentils to name a few, containing essential vitamins. Tea was a favorite after dinner beverage and soft drinks were never on the menu.

Of utmost importance is washing all fruits and vegetables before consuming! "BUENA SALUD!"

### **PLEASE HELP!!!!**

Rabbi Greg and Cantorial Soloist, Margaret, visit our congregants who are in the hospital or at home ill. However, I have received several phone calls from people who were upset that they did not receive a visit or a call. In every case the office was not aware of their hospitalization. PLEASE...if you know of someone who should be visited, do not assume that the office knows, I would rather answer four phone calls about the same person than none at all.  
Thanks for your help.

*Lillian Weiss*



***Join us for  
Breakfast With The Rabbi***

***Tuesday, May 5th at 10 a.m.***

***Or***

***Tuesday, May 12th at 10 a.m.***

***There is Limited Space.***

***RSVP required to  
Esther Skolnick 243-1362.***

***Come and exchange ideas  
with our Rabbi!***

**Handyman Ad**



## MEMBERSHIP RECRUITMENT

Since this edition of the Tablet is the last one for this administration, we would like to boast our accomplishments. We had a goal of achieving 500 members and we did it. Since July 2008 we brought in about 100 new members. Unfortunately through attrition we lost some, however, it was a great year. Next year should be as good as or better than 2008/2009.

It is easy to be optimistic seeing how we have great clergy, a wonderful religious school, and most of all people that care. This year all the chair people seem to be working together for the betterment of Temple Sinai.

The membership committee must be commended for all the time and effort they have put into recruiting. Thank you to the following:

- Betti Adams
- Barry & Myrna Axelrod
- Dick Byer
- Dolores Cowen
- Marcia London
- Evelyn Reich
- Thelma Rosenblum
- Bob & Sandy Silver
- David Stern

Many thanks to our wonderful office staff, Judie Barbieri, Cookie Sagerman and Lillian Weiss. Each of you have spoken to prospective members, sent out packets and e-mailed me the information for follow-up. Our congregation also must be commended for their part in achieving our goal. Again, we are all working together and that's what Temple Sinai is all about.

Enjoy your summer!

Judy Stern & Lil Nadler  
Co-Vice Presidents, Membership

### TEMPLE SINAI WELCOMES NEW MEMBERS

- Abraham Kleiner
- Gerry & John Pagliaro
- Lois & Ivan Scharer
- Charlotte Sunshine



## MEMBERSHIP RETENTION

As the year draws to a close, we would like to thank our committee for their loyalty, creativity, and their hard work—Dorrie Adler, Betti Adams, Shirley Botwinick, Peggy Jupiter, Bob Goodman, Don Skolnick, A.J. McCabe, Audrey Speigel, Gerry Spieler, Steve Young, Gail & Allan Young. We also want to thank our helpers—Elaine Young and Sandy Silver.

Judging from your attendance at our numerous affairs, the year was quite successful. Between 125—175 members and some non-members attended these events:

Israeli Shabbat Service

A New Member/Chavurah Shabbat Service

Chavurah Party

Chanukah Dinner

Israeli Mixer

A Picnic Shabbat Dinner.

Left on our agenda for the year is Breakfast With The Rabbi in May with members of our congregation. The dates and times are listed in this issue of the Tablet.

Our committee thanks the congregation for their participation and support. Have a wonderful and safe summer.

Shalom,  
Faga Goodman and Esther Skolnick  
Co-Vice Presidents



## OUR LIBRARY

As I begin to write this column for the two months of May and June, it is also two holidays to celebrate - Mother's Day and Father's Day. Likewise both Arlene and I are combining thoughts of interest to all of you concerning the Library. So it looks like the old adage of two heads are better than one still holds true.

First and foremost it may sound archaic, but we in the Library are in need of a working electric typewriter. Perhaps someone may have one that is taking up space in your home. Thanks in advance. Also it is so wonderful that so many of our readers have answered our plea for books and money as well. A special Thank You to all of you for your contributions.

Please note that during the months of June, July, and August we are officially closed. However, if the light is on you are welcome to take out a book or two. We have some work to do during the summer months to update and add to your reading pleasure, so feel free to stop in and say hello. The Library has become a meeting place for many of our members, where we share thoughts and have lunch together.

The book of interest this month is most suited for Mother's Day - "The Jewish Mothers Hall of Fame" by Fred A. Bernstein. He has chosen 25 mothers to write about of famous Jewish people. I have chosen three to give you an idea how important a part mothers have played in the lives of famous men and women we hear and read about in our daily lives. Just to mention a few - the mother of Steven Spielberg, Neil Sedaka, and Marilyn Michael. These mothers all have in common their pride, hard work, inspiration, and love of their famous children. These three that I have mentioned all are famous in their own way, and feel a close kinship with their mothers. Steven Spielberg calls his mother and says "Ma, make some chicken soup, I am coming over." This book was written back in 1986, and is interesting reading not only for mothers, but for all of us to be proud for all the good things these famous people have contributed to the world. Read and Enjoy.

Lillian Nadler

### NEW ON OUR SHELVES

***Abayudaya: The Jews of Uganda*** photographs and text by Richard Sobol & Jeffrey Summit (CD included).

The story of the Abayudaya, a community of Bantu Jews from a remote region of Uganda. The author presents the wonders of farmers living deep in the bush who claim the Torah as their religion.

***And Prairie Dogs Weren't Kosher: Jewish Women in the Upper Midwest Since 1855*** by Linda Mach Schloff. Personal and historical accounts, diaries, letters telling the story of the Jewish experience in the upper Midwest.

***Jewish Women Pioneering The Frontier Trail: A History in the American West*** by Jeanne E. Abrams. An understanding of the American Jewish experience as a whole.

***Dakota Diaspora: Memoirs of a Jewish Homesteader*** by Sophie Trupin. A fascinating account of pioneer life on the American frontier.

***An American Family*** by Natalie Rothstein. A wonderful memoir that tells of the Jewish immigrant experience in the United States.

***Friendly Fire*** by A.B. Yehoshua. A disruption to an Israeli couple's routine is changed with foreboding and significance.

### Youth Library

***The Bat Mitzvah Club: Debbie's Story*** by Shayna Meiseles.

Debbie and her best friend Leah's quick wit and wild schemes threaten to get them in trouble.

***Horrible Harry and the Holiday*** by Suzy Kline. Delightful book for young readers about winter holidays.

***The Tenth of Av*** by Kenneth Roseman. A journey through time to the city of Jerusalem in the year 70. Includes important Jewish values, events and historic figures.

## BICHUR CHOLIM



What is it? It is an opportunity to connect with those members of our congregational family who are ill or homebound. A phone call or a short visit is all that is required.

We say we are a family, but the act of caring is what our Judaism asks of us. This small act of kindness means a great deal to those who are unable to attend services or other Temple activities. Please contact Helene Wartel or Lynne Weinstein, co-chairs of Religious Activities, for more information, if you can help perform this mitzvah.

### Answers to Torah in the Round

#### MAY

1. The name of the portion means "after the death" of Aaron's two sons.
2. The weekly Sabbath was considered a special holiday.
3. The seller has one year in which to get his home back; after that period of time it belongs to the buyer and his descendants.
4. The Levites are the guardians of the tabernacle and all of its furnishings and up-keep.
5. The Blessing: "May G-d bless and keep watch over you. May G-d make his presence enlighten you and grant you grace. May G-d grant his providence toward you and grant you peace."

### DONATED FUNDS

Rabbi's Discretionary Fund  
Cantorial Soloist Discretionary Fund  
General Fund                      Yahrzeit Fund  
Bima Flower Fund                Choir Fund  
Library Fund                        Building Improvement  
Religious School                 Sisterhood  
Scholarship Fund

### TWO EASY WAYS TO DONATE!

*By phone:* Call Lillian Weiss in the Temple office at 276-6161, ext. 23.

*By mail:* Simply mail your donation information (with a check) to:  
Temple Sinai  
2475 W. Atlantic Avenue  
Delray Beach, FL 33445

### Answers to Torah in the Round

#### JUNE

1. A Nazarite cannot cut his hair, eat or drink from the grape or touch a dead body.
2. Moses told the Israelites to prepare the Passover offering. If they were unable to be present, they could make the offering on the 14th day of the following month.
3. Joshua son of Nun of the Tribe of Epharim and Caleb the son of Yefuneh, Tribe of Judah were sent to explore and check out Canaan.
4. Korah was the great grandson of Leavai and felt all of the congregation was holy and able to perform the offerings as Aaron and his sons at the altar to prepare for Passover.

**THE CHUMASH CAN BE ORDERED  
IN OUR JUDAICA SHOP TO HELP YOU  
STUDY TORAH!!!**

## HAPPY MOTHER'S DAY!

Submitted by  
Marj Aaron & Rebecca Lippmann

A little boy asked his mother "Why are you crying?" "Because I am a woman," she told him. "I don't understand," he said. His mom just hugged him and said, "And you never will."

Later the little boy asked his father, "Why does mother seem to cry for no reason?" "All women cry for no reason," was all his dad could say. The little boy grew up and became a man, still wondering why women cry.....finally he put in a call to G-d. When G-d got on the phone, he asked, "God, why do women cry so easily?"

God said, "When I made the woman she had to be special. I made her shoulders strong enough to carry the weight of the world, yet gentle enough to give comfort. I gave her an inner strength to endure childbirth and the rejection that many times comes from her children. I gave her a harness that allows her to keep going when everyone else gives up, and take care of her family through sickness and fatigue without complaining.

I gave her the sensitivity to love her children under any and all circumstances, even when her child has hurt her feelings. I gave her the strength to carry her husband through his faults and fashioned her from his rib to protect his heart. I gave her wisdom to know that a good husband never hurts his wife, but sometimes tests her strengths and her resolve to stand beside him faithfully.

And finally I gave her a tear to shed. This is hers exclusively to use whenever it is needed.

You see my son, the beauty of a woman is not in the clothes she wears, the figure that she carries, or the way she combs her hair. The beauty of a woman must be seen in her eyes, because that is the doorway to her heart - the place where love resides."

*Mother's Day is  
Sunday, May 10, 2009!!*

## BEREAVEMENT GROUP

We are a group of people who are in various stages of loss addressing our grief.

In a warm and safe atmosphere, we support each other and develop trust and comradery. Many times a person shares a strategy for coping that we can relate to.

Our goal is to heal our hearts, while moving forward with renewed strength and confidence, and perhaps even meet some new friends. We meet each Tuesday from 2:00 to 3:30 p.m. at Temple Sinai.

### REMINDER FROM THE EDITOR

Please note that articles for the July/August Tablet Issue and **dates to be included in the Calendar of Events** must be submitted to the office NO LATER THAN **Monday, June 1, 2009.**  
*Thank you.*

**Judy Stern—Realtor  
Member of Temple Sinai**

**Judy Stern's Ad**



# SISTERHOOD NEWS

By Dolores Cowen, President



My term as Sisterhood President is over. It has been an exciting and fulfilling two years. I will always remember it as a time when I was able to do things with and for the women of Temple Sinai. Thank you for giving me this opportunity to serve you. To thank all the women who helped would make a very long list. You know who you are so here is one collective "thank you."

The Women's Sisterhood Seder was an amazing evening with a dancing, cheering, praying, eating crowd of one hundred fifty women. It was a monumental effort. We celebrated the achievements of women in Judaism. We learned about the eemhot as we sang, prayed and shared rituals. Our Miriam Cups (remembrance of the well in the desert) were full. The Seder was a success because of the hard work of many women. They were the charosis makers, the storytellers, the musicians and those who set up and cleared away. They prepared the Haggadah, and prepared the Program. Co-chairs Sheila Firestone and Judy Herman worked long and hard in providing for every aspect of the evening. A special thank you to all who made it possible: Sponsoring Angels Ricki Caspe, Debbie Cooper, Gerri Dubin, Sheila Firestone, Ruth Helzick, Judy Herman, Toby Karan, Rosanne Popkin. Advertising Maven: Richard Byer. The Sinai Sister Story Tellers: Coordinator, Rosanne Popkin, story tellers: Barbara Weinberg, Marion Baum, Vicki Bandel, Susan Christopoulos, Elisa Eisenman, K.C. Lewis and Sharon Loew. Musicians Sheila Firestone, Carol Garret, Eileen Levin and Allan Young. Charosis makers, Coordinator Gail Young with Rebecca Lippmann, Ellen Saposnik, Sandy Silver and Beverly Weiss. All the other people who helped in various important jobs were Betti Adams, Judie Barbieri, Torri Bandel, Dolores Cowen, Debbie Copper, Sheila Firestone, Ruth Helzick, Judy Herman, Sue Press, Sandy Silver, Allan and Gail Young, and Sherry Zeilter. It took a small army to pull all the pieces together. Todah Rabah including those we may have accidentally omitted.

Friday night May 8, 2009 is Sisterhood Shabbat. We will honor all our Sisterhood members. It will be followed by our SISTERHOOD SHABBATON on Saturday morning, afternoon and evening. Don't miss this opportunity to celebrate Shabbat as a community. Brotherhood and Social Action are

joining with Sisterhood to make this a memorable occasion. After morning services and Torah study, the Shabbaton will provide opportunities to reflect on healing our spirits from today's trials and tribulations. We will also heal our selves for the sake of the world (Tikkun Olam) through plans for social action, meditation, listening (sh'ma) - yoga, discussing mother and daughter roles, discussing modern Jewish men and their roles, journaling and drawing and dramatizing the Torah in modern personalized terms. Sheila will be back from Jerusalem to share Storah telling with us. While in Israel she is studying with Amichai, founder of Storah telling. We will conclude the day with a potluck dinner, dancing and Havdallah. The complete description of the day is in the flyer in this issue. RESERVATIONS are a MUST!

## ONEG SHABBAT SPONSORS

### May

#### May 1

Vicki & Gary Bandel in honor of Gary's birthday.  
Lenore & Joseph Geremia in honor of Lenore's birthday.  
Judy & Dick Herman in honor of Dick's birthday and their anniversary.  
Temple Sinai Sisterhood.

#### May 8

Leila Dardick in honor of her birthday.  
Shirley & Harold Lerner in honor of Shirley's birthday.  
Muriel & Robert Miller in honor of Robert's birthday.  
Arthur Sanders in honor of his birthday.  
Temple Sinai Sisterhood.

#### May 15

Gerri & Barney Dubin in honor of Barney's birthday.  
Miriam & Leon Rosenfeld in honor of Leon's birthday.  
Fran Wilensky in honor of her birthday.  
Temple Sinai Sisterhood.

#### May 22

Joan & Jack Halpern in honor of Jack's birthday.  
Lucille & Ruben Karasick in honor of Ruben's birthday.  
Temple Sinai Sisterhood.

#### May 29

Fred Phillips in honor of his birthday.  
Carol & Donald Schoenberg in honor of Donald's birthday.  
Temple Sinai Sisterhood.

# **SISTERHOOD NEWS**

## **Cont.**

### **ONEG SHABBAT SPONSORS**

#### **June**

##### **June 5**

Judy & David Stern in honor of Judy's birthday.  
Temple Sinai Sisterhood.

##### **June 12**

Dorrie Adler in honor of Lee Hustick's birthday.  
Rosanne Popkin in honor of her birthday.  
Temple Sinai Sisterhood.

##### **June 19**

Sumner Segal in honor of his birthday.  
Temple Sinai Sisterhood.

##### **June 26**

Marion & Hugo Schamest in honor of Hugo's birthday.  
Helene & Sidney Wartel in honor of Sidney's birthday.  
Temple Sinai Sisterhood.

### **2009-2010 SISTERHOOD OFFICERS**

Co-Presidents	Elisa Eisenman Sheila Firestone
VP-Membership	Debbie Cooper
Treasurer	Sandra Aronson
Financial Secy.	Dolores Cowen
Recording Secy.	Barbara Cooper
Corresponding Secy.	Danielle Gabor
Chaplain	Beverly Weiss

### **TRUSTEES**

Ethel Cohen	Jo Koch
Gerri Dubin	Annette Levine
Henny Freidman	Lillian Nadler
Ruth Helzick	Florence Rodner
Bonnie Hernan	Ruth Seidel
Peggy Jupiter	Gerry Spieler



# BROTHERHOOD NEWS

By Manny Spunt, President



On behalf of the Brotherhood, I want to wish our Temple members and their families a happy and healthy summer. And for those going north or some other exotic destination, have a good trip and come back to us in good health. We all hope to see you in the fall.

**Put this date on your calendar.** On **June 7, 2009**, the **Israeli Scout Caravan** is coming back to Temple Sinai. These young scouts put on a two hour show of songs and dances that will make you want to dance in the aisles. Proceeds from this show go to Israel and the Scout program. Tickets and information will be coming out shortly.

**Please Note:** For all Brotherhood shows we are happy to take reservations. However, due to past problems, **reservations will only be held open for fourteen (14) days.** After that period, the tickets must be paid for or they will be placed back into the system.

The next **Brotherhood Breakfast** will be in the fall. Here is a great opportunity to get together with your friends, wives, mates and buddies and enjoy a good breakfast, good company and meet with your Temple family.

We are finalizing plans for a wonderful **New Year's Party** and a **High Tea - "With a Song in My Heart"** on February 14, 2010. Watch for information and get your reservations in early. These events generally sell out very fast and if you want to attend, let us hear from you soon.

We are always looking for interesting, lively and informative speakers who would appeal to our general audience for the Brotherhood Breakfast-General Meetings. If you know of such a person, please let me know.

Our **Singles Dances** continue on the first and third Wednesday of each month. The evening starts with dance instructions at 7:30 p.m. and open dancing at 8 p.m. Refreshments are served, and the admission is \$6 per person. **We need your help** with this program; please contact Morris Jackler to do so. This is a fun way to spend a few hours at Temple.

For those men who would like to become active in the Brotherhood, the Board meetings are held the first Tuesday of each month. All are welcomed and appreciated. Please call me, Manny Spunt, at 495-0038.

For all of our Brotherhood programs and Temple Sinai programs, see your Tablet and watch your e-mail for the Temple Sinai Happenings.

## **BROTHERHOOD OFFICERS**

President	Manny Spunt
Executive V. P.	Morris Jackler
Treasurer	Gary Walters
Recording Secy.	Richard Byer
Corresponding Secy.	Barry Axelrod

## **BOARD MEMBERS**

Gary Bandel	David Stern
Robert Goodman	Perry Weinthal
Richard Herman	Steve Young
Marty Stein	

## PHOTOS FOR RABBI KANTER

Do you have a recent digital photo of yourself? Can you take one? Help me match your faces with your names by sending me a photo I can put on the computer and go over between Temple meetings and events. With your help before long, I'll have the hang of it!



E-mail your recent picture to [rabbi@templesinaipbc.org](mailto:rabbi@templesinaipbc.org). Your photo will not be used for any other purpose without your permission.

Thanks and say, "Cheese!"

Rabbi Kanter

## SPONSOR A SISTERHOOD ONEG SHABBAT

We call and ask you if you want to sponsor a birthday Oneg. How about calling us to say you have another occasion to sponsor an Oneg? Some examples are a Yahrzeit, a graduation, a grandchild's birth, a Bar or Bat Mitzvah, returning from a summer trip, recovering from an illness or just because you want to.

Call Henrietta Freidman at 561-498-4288 to make arrangements. The cost is \$40.

PLEASE JOIN THE EXCITING  
SOCIAL ACTION COMMITTEE.

CREATIVE AND DEDICATED  
MEMBERS ARE NEEDED TO HELP PLAN  
AND PROMOTE SOCIAL, RELIGIOUS AND  
CULTURAL ACTIVITIES TO BENEFIT OUR  
TEMPLE, OUR COMMUNITY,  
AND ISRAEL!!!

Please call Evelyn Reich or Steve Saposnik  
at 276-6161, ext. 55 for more details and  
to get involved!



## *JEWISH HOLIDAY CALENDAR 5769/2009*



<i>May 28</i>	<i>Erev Shavuot</i>
<i>May 29</i>	<i>1st day of Shavuot</i>
<i>July 30</i>	<i>Tisha B'Av</i>
<i>September 18</i>	<i>Erev Rosh Hashanah</i>
<i>September 19</i>	<i>1st day of Rosh Hashanah</i>
<i>September 20</i>	<i>2nd day of Rosh Hashanah</i>
<i>September 27</i>	<i>Kol Nidre</i>
<i>September 28</i>	<i>Yom Kippur</i>

## IMPORTANT!!

Please notify Cookie Sagerman in the Temple office directly with any change of:

**Address**

**Phone #**

**Or any info regarding:**

**Birth day**

**Yahrzeit dates**

Her e-mail address is:  
[sinai2475@bellsouth.net](mailto:sinai2475@bellsouth.net)

**She can be reached on ext. 29 in the Temple office.**

## USHERS NEEDED

The Temple Sinai Ushering Committee is always looking for people who would like to usher at the Erev Shabbat Services.

If you would like to join a group of dedicated Temple members who enjoy meeting and greeting people, passing out programs and song sheets and making the Shabbat a meaningful experience, join us.

We only ask for your help on one Shabbat a month, about a half hour before the services to pass out the programs and a little time after the services to collect the extra programs.

If you (men and women) are interested, call Manny Spunt at 561-495-0038, or the Temple office at 276-6161.



# SOCIAL ACTION



**Evelyn Reich and Steve Saposnik,  
Co-Vice Presidents**

"What Kind of Person Are You?"

From *Kindness: Making a Difference in People's Lives: Formulas, stories, and insights*  
by Zelig Pliskin - Printed with Permission of Shaar Press

With each action you take and with every word you say, you answer an important question. "What kind of person are you?"

Are you a giver or a taker? All takers must give and all givers must take. But there is a basic pattern of giving and a basic pattern of taking. A giver thinks about what he can do for others. He takes in order to give. A taker thinks about what others can do for him. Even when he gives, it is only because he wants to take. By increasing your giving, you become more of a giver.

Are you a person who loves to do acts of kindness? You answer this by the way you react when people ask you to do things for them. Are you pleased to have opportunities to help others or do you resent people bothering you? The more you increase your sense of joy for doing things for others, the more you become a lover of kindness.

As you respond compassionately to the plight of others, you become a compassionate person. Ignoring the plight of others gives a very different answer to the question, "What kind of person are you?"

When you go beyond the ordinary to do major things for another human being, you create an extraordinary person. There is no limit to the heights to which you can elevate yourself.

When you spend time thinking of creative ways to help others, your creativity is a work of art. There are many forms of creative artistry. The form that elevates you the most is creative kindness. You look for ways to help people who need help but are reluctant to take anything, even time from others. You find creative ways to cheer up the despondent, to help people overcome their obstacles, and to make peace between people who quarrel. As you creatively find answers to people's problems, the kind of person you become is an elevated creative artist. You are creating a better life for a fellow human being.

What kind of person do you really want to be? Writing this in the form of a mission statement or an essay has a powerful effect on one's self-image. The act of writing that you want to be a kind and compassionate giver motivates positive action. And the actual way you answer: "What kind of person are you?" is answered by the way you speak to others and what you do for them.

## THIS AND THAT...

### WE WELCOME VISITORS...

It is our custom to pin a small flower on all visitors to our Friday night services. If you see new faces and they are wearing a flower, please make an effort to chat with them before services and at the Oneg.



### FLOWER DONATIONS



*Please call Millicent Silverstein at 495-9148.*

*Celebrating an Anniversary or another Happy Occasion? Share your Simcha with the Temple by brightening our Bima with beautiful flowers.*

### MAZEL TOV TO JILLIAN ADAMS

Jillian Adams, daughter of Betti and Eric Adams and a student in Temple Sinai's current Confirmation Class, has been chosen as a 2009 National Gold Medalist in the Scholastic Arts & Writing Awards, by the Alliance for Young Artists & Writers. Her entry was a group of four poems. Jillian will accept her award at Carnegie Hall on June 4th, with her proud parents and sister, Samantha, looking on. The Adams family has been at Temple Sinai for over 12 years, celebrating many Simchas with their Temple family.

The Alliance is a prestigious organization of long standing. Here is a direct quote from their website about the Scholastic Arts & Writing Awards: *"In its 86-year history, The Awards have bestowed honors on some of America's most celebrated creative leaders including: Truman Capote, Sylvia Plath, Tom Otterness, Bernard Malamud, Joyce Maynard, Joyce Carol Oates, Richard Avedon, Robert Indiana, Robert Redford, Zac Posen, Philip Pearlstein and Andy Warhol. We are thrilled to welcome this year's winners among the community of Scholastic Arts & Writing Award alums."*

### IMPORTANT! PLEASE NOTE:

**Any and all information—dates, times, etc.—must be submitted CORRECTLY! The Tablet is not responsible for these errors.**

**Thank you!**

DR. SPINNER

STALLER AD



# MAY CELEBRATIONS



## *Happy Birthday*



- |                     |                       |                        |
|---------------------|-----------------------|------------------------|
| 1 Dick Herman       | 15 Alyssa Boltson     | 21 Alan Neulander      |
| 3 Gary Bandel       | 15 Penny Cohen        | 21 Margaret Schmitt    |
| 3 Myrna Berger      | 15 Beatrice Dicker    | 21 Jonathan Singer     |
| 5 Bob Silver        | 15 Sandy Silver       | 22 Estelle Rosen       |
| 6 Lenore Geremia    | 16 Bernard Mendelsohn | 22 C. Gilbert Schapiro |
| 6 Roberta Gottlieb  | 17 Jesse Ramos        | 23 Leonard Feinstein   |
| 7 Robert Miller     | 17 Lois Scharer       | 23 Jack Halpern        |
| 7 Gail Young        | 18 Shirley Lerner     | 23 Marcia London       |
| 8 David Pitchenik   | 18 Shirley Levine     | 24 Barney Dubin        |
| 8 Bernard Zeldin    | 19 Alayna Merrill     | 24 Rubin Karasick      |
| 9 Margo Goltz       | 19 Sylvia Roberts     | 24 William Sussman     |
| 9 Francine Priddy   | 19 Arthur Sanders     | 28 Hannah Fischler     |
| 10 Leila Dardick    | 19 Marcella Sitomer   | 28 Fred Phillips       |
| 10 Sam Willens      | 19 Fran Wilensky      | 28 Cameron Siegler     |
| 12 Ivan Lantos      | 20 Leon Rosenfeld     | 30 Lisa Bernstein      |
| 12 Kaylie Lowy      | 20 Allen Spak         | 30 Laina Kislin        |
| 12 Thelma Rosenblum | 20 Leonard Steinlauf  | 30 Shanna St. John     |
| 13 Naomi Velick     | 21 Seymour Buvitt     | 31 Stanley Bernstein   |
| 14 Lucy Brown       |                       | 31 Jodi Kislin         |

## *Happy Anniversary*



- |                                 |
|---------------------------------|
| 6 Beverly & Bennett Canarick    |
| 9 Marjorie & Alexander Intrator |
| 16 Linda & Seymour Buvitt       |
| 16 Judy & Dick Herman           |
| 25 Rhonda Levine & Brian Gin    |
| 26 Dolores & Sandy Cowen        |
| 26 Jennifer & David Mittenthal  |
| 26 Elaine & Norman Pollack      |





# JUNE CELEBRATIONS



## *Happy Birthday*



- |                       |                         |                        |
|-----------------------|-------------------------|------------------------|
| 1 Donald Schoenberg   | 12 Steven Saposnik      | 21 Abe Friedman        |
| 3 Leon Sachs          | 14 Shellie Fraddin      | 21 David Joseph        |
| 3 Carson Sheinberg    | 14 Bea Greenberg        | 21 Rachel Lichtenstein |
| 4 Rosanne Popkin      | 14 Joan Kahn            | 22 Dylan Geller        |
| 4 Judy Stern          | 14 Elaine Pollack       | 23 Sara Lansky         |
| 4 Jack Wasserman      | 14 Roberta Puritz-Hayes | 23 Janet Liebowitz     |
| 5 Elaine Burstein     | 16 Elinor Cohen         | 23 Beverly Spector     |
| 6 Cary Glickstein     | 16 Wendy Goltz          | 23 Bud Temin           |
| 6 Nicole Schneiderman | 16 Lee Hustick          | 23 Sidney Wartel       |
| 8 Lee Goler           | 17 Renee Bennett        | 25 Glenn Siegler       |
| 8 Sheldon Kane        | 18 Loretta Okun         | 26 Jerome Lazarus      |
| 8 Alec Mittenenthal   | 18 Geraldine Pagliaro   | 26 Alaine Sorkin       |
| 8 Shari Mittenenthal  | 19 Myrna Axelrod        | 27 Jillian Adams       |
| 9 Stanley Kramer      | 19 Bea Hoffman          | 28 Ronald Berke        |
| 9 Joshua Moskow       | 19 Stuart Pechter       | 28 Phyllis Simon       |
| 11 Marian Baum        | 19 Brandon Siegler      | 28 Beverly Weiss       |
| 11 Evelyn Newman      | 20 Joe Berkman          | 29 Haley Nichols       |
| 11 Florence Rodner    | 20 Sumner Segal         | 29 Hugo Schamest       |
| 12 Rae Mirsky         |                         | 30 Francine Fischler   |

## *Happy Anniversary*

- 1 Wendy & Mark Willens
- 7 Sandy & Bob Silver
- 11 Ann & Joe Berkman
- 15 Miriam & Leon Rosenfeld
- 16 Renee & Mark Bennett
- 18 Phyllis & Eli Orsoff
- 19 Rivka & Richard Felsher
- 20 Maxine & Stephen Greenfield
- 23 Nancy & Marc Langson
- 23 Janet & Robert Liebowitz
- 25 Freida & Robert Wallstein
- 26 Ann Friedman & John Ramos
- 30 Jolie & Murray Izenwasser



# TEMPLE SINAI FAMILY

## MAZEL TOV

To Alyssa Boltson and her family on the occasion of her Bat Mitzvah May 23, 2009.

To Laina Kislin and her family on the occasion of her Bat Mitzvah May 30, 2009.

To Zena Wagner and family on the Bar Mitzvah of her grandson, Michael Leonard, April 25, 2009.

## THANK YOU

To my congregational family,

Thank you so much for your calls, cards and concern.

Dotty Dublin

\*\*\*\*\*

To all my Temple Sinai family,

Thank you for all your good wishes and concern for me at the time of my accident.

Helene Wartel

## GET WELL

Bill Bernard	Carol Schoenberg
Susan Bluerock	Donald Schoenberg
Herbert Cohen	Myrna Spunt
Dotty Dublin	Blanche Stern
Lorraine Eisenstein	Dorothy Velkowitz
Marj & Maury Gorbaty	Arnie Weinstein
Morris Jackler	Dorothy Yarfitz
Portia Katz	
Sheldon Kaufman	
Dolly Malitz	
Seena & Sam Mickelson	
Charlotte Raphaelson	
Edith Rueger	



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## A MUSICAL NOTE FROM MARGARET

May 1, 2009

Dear Friends,

The season is winding down. We are seeing less traffic, smaller crowds at restaurants, stores, and also at our services. Summer is a “cozy” time at Temple Sinai. There are not as many activities going on, so we can be more aware of those that are happening. Smaller congregations give a more familial, casual feeling to the services. It is a time to wind down, but also a time to think ahead to the new season- a time to consider, to reflect on what worked best in our Temple during the past year, and how we can improve on what we did.

Hopefully you will receive this Tablet before April 29<sup>th</sup>, as that will be an important day for our Children’s Choir. Once again this year they will participate in the Israeli Independence Day Concert at Mizner Park. Please come to support our children, and our Temple. It was wonderful last year, and should be just as good this year. Our Temple banner will be proudly displayed, and our children will be on stage singing.

There are a lot of important events during May, which I hope all members will attend. On May 1<sup>st</sup> we celebrate Yom Ha’atzmaut. May 8<sup>th</sup> will be our evening to honor Sisterhood. Shavuot is May 28<sup>th</sup> - please do not forget that service. There will be two Bat Mitzvahs during the month of May, and on May 29<sup>th</sup> we will celebrate the confirmation of four of our very hard-working students. A rather full month.

Our hard-working choir will be honored on June 5<sup>th</sup>. The choir has grown and strengthened considerably during the past four months. I hope things will continue in this pattern. We are ready to do some more challenging music. There are still a few seats available, so if you are interested, please consider joining us.

This is also a good moment to acknowledge and thank our wonderful organist, Dr. Keith Paulson-Thorp, for all his hard work this year. Dr. Keith makes so many contributions to our musical program. It is a joy and a privilege to work with him. Thank you Keith!! It would not be the same without you!

In June I plan to take my annual trip to England. I hope to do some of the things I missed last year. I will be able to tell you about it in the next issue.

B’ Shalom,  
Margaret

## AN ALIYAH IS AN HONOR

One of the privileges of membership of Temple Sinai is to receive an Aliyah. Aliyot are given to all members to celebrate a birthday, an anniversary, a birth, a wedding, a B'nai Mitzvah, or for any other reason.

There are many different Aliyot: Torah blessings, candle lighting, kiddush, carrying a Torah, opening and closing the Ark doors.

Members participating should feel no obligation to make a contribution. It is our aim to give every member an Aliyah during the year.

**WHEN GIVEN A BIMA HONOR, HONOR THE BIMA WITH APPROPRIATE ATTIRE.**

Please contact Evelyn Reich (637-3507) to request an Aliyah for your special occasion.

## MANHATTAN MORTGAGE

## HERITAGE PARK AD

Handyman Ad

## CRAFT CHAVURAH

We have a full inventory of many lovely fine handmade items for children and adults in stock at this time. Please call me if you are interested in purchasing them.

All monies received are donated to the Temple. Again, we're asking for ladies to join our group. Call Bea Hoffman at 499-7519.



# MAY CALENDAR

<u>Date</u>	<u>Time</u>	<u>Event</u>	<u>Date</u>	<u>Time</u>	<u>Event</u>
1	12:15 p.m. 7:30 p.m.	Duplicate Bridge Friday Shabbat Eve Services	15	12:15 p.m. 7:30 p.m.	Duplicate Bridge Friday Shabbat Eve Services
2	10:00 a.m. 10:00 a.m. 11:30 a.m.	Saturday Shabbat Services Tot Shabbat D'var Torah	16	10:00 a.m. 11:30 a.m. 6:00 p.m.	Saturday Shabbat Services D'var Torah Youth Group Sleepover
3	9 am-3 pm 9:30 a.m.  1:00 p.m.	Gold Party Fundraiser Religious School Israel 61st Anniversary Family Celebration Duplicate Bridge	17	9:30 a.m. 12:00 p.m. 1:00 p.m.	Religious School (Last Day) Membership Retention Picnic Duplicate Bridge
4	9:30 a.m. 9:30 a.m. 12:30 p.m.	Bridge Workshop Craft Chavurah Duplicate Bridge	18	9:30 a.m. 12:30 p.m.	Bridge Workshop Duplicate Bridge
5	10:00 a.m. 12:30 p.m. 2:00 p.m. 7:00 p.m. 7:00 p.m. 7:00 p.m.	Breakfast with the Rabbi Duplicate Bridge Bereavement Group Duplicate Bridge Intro to Judaism Brotherhood Board Mtg.	19	12:30 p.m. 2:00 p.m. 7:00 p.m. 7:00 p.m. 7:30 p.m.	Duplicate Bridge Bereavement Group Duplicate Bridge Intro to Judaism Rel. Act. Comm. Mtg.
6	9:15 a.m. 12:30 p.m. 6:30 p.m. 7:00 p.m. 7:30 p.m.	Newplicate Bridge Duplicate Bridge Upper Youth Group Executive Comm. Meeting Brotherhood Singles Dance	20	9:15 a.m. 12:30 p.m. 6:30 p.m. 7:30 p.m.	Newplicate Bridge Duplicate Bridge Upper Youth Group Brotherhood Singles Dance
7	10:30 a.m. 12:30 p.m.	Adult Ed Duplicate Bridge	21	10:30 a.m. 11 am-8 pm 12:30 p.m.	Adult Ed Gold Party Fundraiser Duplicate Bridge
8	12:15 p.m. 7:30 p.m.	Duplicate Bridge Friday Shabbat Eve Services	22	12:15 p.m. 7:30 p.m.	Duplicate Bridge Friday Shabbat Eve Services
9	10:00 a.m. 11:30 a.m. All day	Saturday Shabbat Services D'var Torah Sisterhood Shabbaton	23	10:00 a.m.  11:30 a.m.	Saturday Shabbat Services - Bat Mitzvah of Alyssa Boltson D'var Torah
10	9:30 a.m.  12:00 p.m. 1:00 p.m.	Religious School Teachers' Appreciation Ceremony Upper & Lower Youth Group Duplicate Bridge	24	1:00 p.m.	Duplicate Bridge
11	9:30 a.m. 12:30 p.m.	Bridge Workshop Duplicate Bridge	25	<b>MEMORIAL DAY- TEMPLE OFFICE CLOSED</b>	
12	10:00 a.m. 12:30 p.m. 2:00 p.m. 7:00 p.m. 7:00 p.m.	Breakfast with the Rabbi Duplicate Bridge Bereavement Group Duplicate Bridge Intro to Judaism	26	9:30 a.m. 12:30 p.m. 2:00 p.m. 7:00 p.m. 7:00 p.m. 7:30 p.m.	Bridge Workshop Duplicate Bridge Bereavement Group Duplicate Bridge Intro to Judaism Board of Trustees Mtg.
13	9:15 am. 10:30 a.m. 11:30 a.m. 11:30 a.m. 12:30 p.m. 6:30 p.m. 7:30 p.m.	Newplicate Bridge Membership Retention Mtg. Sisterhood Installation Bridge League Duplicate Bridge Upper Youth Group Membership Comm. Mtg.	27	9:15 a.m. 12:30 p.m. 6:30 p.m.	Newplicate Bridge Duplicate Bridge Upper Youth Group
14	10:30 a.m. 12:30 p.m.	Adult Ed Duplicate Bridge	28	10:30 a.m. 12:30 p.m.	Adult Ed Duplicate Bridge
			29	<b>SHAVUOT - TEMPLE OFFICE CLOSED</b>	
				10:00 a.m. 12:30 p.m. 7:30 p.m.	Shavuot & Yizkor Service Duplicate Bridge Friday Shabbat Eve- Confirmation Services
			30	10:00 a.m.	Saturday Shabbat Services- Bat Mitzvah of Laina Kislin
				11:30 a.m.	D'var Torah
			31	1:00 p.m.	Duplicate Bridge

# JUNE CALENDAR

<u>Date</u>	<u>Time</u>	<u>Event</u>	<u>Date</u>	<u>Time</u>	<u>Event</u>
1	9:30 a.m. 12:30 p.m. 12:30 p.m.	Bridge Workshop Duplicate Bridge Craft Chavurah	15	9:30 a.m. 12:30 p.m. 12:30 p.m.	Bridge Workshop Craft Chavurah Duplicate Bridge
2	12:30 p.m. 2:00 p.m. 7:00 p.m. 7:00 p.m. 7:00 p.m.	Duplicate Bridge Bereavement Group Duplicate Bridge Intro to Judaism Brotherhood Board Mtg.	16	12:30 p.m. 2:00 p.m. 7:00 p.m. 7:00 p.m. 7:30 p.m.	Duplicate Bridge Bereavement Group Duplicate Bridge Intro to Judaism Rel. Act. Comm. Mtg.
3	9:15 a.m. 12:30 p.m. 7:00 p.m. 7:30 p.m.	Newplicate Bridge Duplicate Bridge Executive Comm. Meeting Brotherhood Singles Dance	17	9:15 a.m. 11:30 a.m. 12:30 p.m. 7:30 p.m. 7:30 p.m.	Newplicate Bridge Bridge League Duplicate Bridge Membership Comm. Mtg. Brotherhood Singles Dance
4	12:30 p.m.	Duplicate Bridge	18	12:30 p.m.	Duplicate Bridge
5	12:15 p.m. 5:00 p.m. 7:30 p.m.	Duplicate Bridge Choir Dinner Friday Shabbat Eve Services	19	12:15 p.m. 7:30 p.m.	Duplicate Bridge Friday Shabbat Eve Services
6	10:00 a.m. 10:00 a.m. 11:30 a.m.	Saturday Shabbat Services Tot Shabbat D'var Torah	20	10:00 a.m. 11:30 a.m.	Saturday Shabbat Services D'var Torah
7	1:00 p.m. 2:00 p.m.	Duplicate Bridge Israeli Scouts	21	1:00 p.m.	Duplicate Bridge
8	9:30 a.m. 12:30 p.m.	Bridge Workshop Duplicate Bridge	22	9:30 a.m. 12:30 p.m.	Bridge Workshop Duplicate Bridge
9	12:30 p.m. 2:00 p.m. 7:00 p.m. 7:00 p.m.	Duplicate Bridge Bereavement Group Duplicate Bridge Intro to Judaism	23	12:30 p.m. 2:00 p.m. 7:00 p.m. 7:00 p.m. 7:30 p.m.	Duplicate Bridge Bereavement Group Duplicate Bridge Intro to Judaism Board of Trustees Mtg.
10	9:15 am. 11:00 a.m. 12:30 p.m.	Newplicate Bridge Membership Retention Mtg. Duplicate Bridge	24	9:15 a.m. 12:30 p.m.	Newplicate Bridge Duplicate Bridge
11	12:30 p.m.	Duplicate Bridge	25	12:30 p.m. 7:30 p.m.	Duplicate Bridge Annual General Meeting
12	12:15 p.m. 7:30 p.m.	Duplicate Bridge Friday Shabbat Eve Services	26	12:15 p.m. 7:30 p.m.	Duplicate Bridge Friday Shabbat Eve Services
13	10:00 a.m. 11:30 a.m.	Saturday Shabbat Services D'var Torah	27	10:00 a.m. 11:30 a.m.	Saturday Shabbat Services D'var Torah
14	10:00 a.m. 1:00 p.m.	Social Action Comm. Mtg. Duplicate Bridge	28	1:00 p.m.	Duplicate Bridge
			29	9:30 a.m. 12:30 p.m.	Bridge Workshop Duplicate Bridge
			30	12:30 p.m. 2:00 p.m. 7:00 p.m. 7:00 p.m.	Duplicate Bridge Bereavement Group Duplicate Bridge Intro to Judaism



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